

A.V. Goroshetchenko ; PHYTOTHERAPY FOR THE ILLNESSES OF THE CENTURY

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According to the data of the Russian Ministry of health the mortality rate in Russia in 2006 was 2 million 303 thousand people. The main causes of death were as follows

		Amount	Percent
1	Cardio-vascular	1292000	56,1
2	External causes	305000	13,2
3	Malignant tumors	287000	12,4
4	Diseases of respiratory organs	94000	4,1
5	Diseases of gastrointestinal organs	92000	4
6	Other	233000	10,2

In our practice there is a relative high occurrence of the patients with the above mentioned diseases. We are able to carry out clinical investigations and practical calculations due to our unique database on phytotherapy of more than 3500 patients that is constantly growing.

Within each study 10-15 most common diseases were randomly taken. Malignant tumors were classified not according to their types but according to the types of treatment they were exposed to e.g.: no treatment, PhT - phytotherapy, OP - surgery, Cht- chemotherapy, RT - x-ray therapy.

As the data on death outcome of the patients is not available it is enough to have a percentage and the number of patients without treatment and with a worsening condition.

Thus, for example, in average 31,6 % cancer patients remained in severe condition or died (in the range of 55 % patients without treatment and 20 % patients with lymphogranulomatosis treated with Cht + RT).

Wounds, ulcers, thermal and radiation burns, scalp traumas (closed), intoxications, drug addiction, spinal cord traumas, bone fractures, fractures with bone pathologies.

Without enlisting certain diseases presented in the estimations let us consider comparable characteristics of effectiveness and the time of treatment of the illnesses of the century with phytotherapy.

Table 1. Comparative characteristics of effectiveness and the period of phytotherapy treatment

Nr.	Diseases	Effectiveness %			Time of treatment, months		
		Average	Minimal	Maximal	Average	Minimal	Maximal
1	Cardio-vascular	73,4	57	91	2,72	1,84	3,69
2	External causes	82,2	66	91	1,72	1,33	3,06
3	Malignant tumors	68,4	45	80	4,12	1,53	8,96
4	Diseases of respiratory organs	70,3	54	89	2,81	1,41	4,00
5	Diseases of gastrointestinal organs	75,9	60	87	2,54	1,91	3,10

Consequently, the least effectiveness and the longest period of treatment refers to malignant tumors whereas the utmost effectiveness and minimal time of treatment refers to the external causes, such as wounds, intoxications, fractures, etc.